

## **PHOENIX'S REGINALD YOUNGER JR. ACHIEVES CERTIFIED CONSULTANT STATUS THROUGH AASP**

CHAGRIN FALLS, Ohio – November 2014 – Phoenix resident Reginald Younger Jr. was recently designated a Certified Consultant by the Association for Applied Sport Psychology (AASP), the international professional organization of sport and exercise psychology. In earning this certification, Younger has met required AASP standards of education and training in the sport sciences and psychology and undergone a rigorous review process.

Younger is the founder of VRC Sports Psychology Consulting Group in Phoenix. The sport psychology consultant educates coaches, athletes, parents, exercisers, fitness professionals and athletic trainers about the psychological aspects of their sport or activity. Younger is also a Level I Coach for U.S. Lacrosse. Previously Younger served on the baseball operations staff for the 2002 World Series Runner-Up and National League Championship Series winners, the San Francisco Giants.

Younger earned his master's degree in Sport and Exercise Psychology from the Arizona School of Professional Psychology. He is currently pursuing his licensure in addictions/rehabilitation counseling and substance abuse. Younger belongs to the American Psychological Association Division 47, the International Society of Sport Psychology, the North American Society for the Psychology of Sport and Physical Activity, the United States Lacrosse Association and the Major League Baseball Alumni Association. Younger's various community service projects include serving as the vice president of the Desert Ridge Community Association Board and chairman of the Cashman Park Committee.

*The Association for Applied Sport Psychology (AASP) promotes ethical practice, science and advocacy in the field of sport and exercise psychology. Since 1986, AASP has been an international, multidisciplinary, professional organization that offers certification to qualified professionals in the field of sport and exercise psychology. With more than 2,000 members in 54 countries, AASP is a worldwide leader, sharing research and resources with the public via its website, [www.appliedsportpsych.org](http://www.appliedsportpsych.org).*

###